

## Burger King India Nutritional Information Per Serve - February 2026



S.No.	Product	Veg/ Non Veg	Avg Portion size (gm/ml)	Energy (Kcal)	Carbohydrate (gm)	Sugar (gm)	Fat (gm)	Saturated Fat(gm)	Trans Fatty Acids (gm)	Protein (gm)	Sodium Content (mg)
	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
	<b>VEG BURGERS</b>										
1	<b>Crispy Veg</b>	●	131	305.6	47.2	5.3	10.0	3.3	0.0	7.1	893.9
	per serve percentage (%) contribution to RDA			15.3		10.6	14.9	14.8	0.7		44.7
2	<b>Crispy Veg Double patty</b>	●	195	453.5	67.6	6.2	16.2	5.4	0.0	9.8	1467.9
	per serve percentage (%) contribution to RDA			22.7		12.3	24.2	24.4	0.0		73.4
3	<b>Makhani Burst Veg</b>	●	131	389.1	47.3	5.6	19.0	4.3	0.0	7.5	569.4
	per serve percentage (%) contribution to RDA			19.5		11.1	28.3	19.4	0.0		28.5
4	<b>BK Veggie</b>	●	150	288.1	38.2	5.2	12.4	4.2	0.0	6.1	314.7
	per serve percentage (%) contribution to RDA			14.4		10.3	18.5	19.0	0.0		15.7
5	<b>Extra Crunchy Veg Whopper Deluxe</b>	●	197	326.4	55.0	7.5	8.3	6.5	0.0	10.1	805.2
	per serve percentage (%) contribution to RDA			16.3		15.1	12.4	29.4	0.0		40.3
6	<b>Crunchy Veg Whopper</b>	●	303	366.7	47.7	10.6	13.0	3.1	0.0	16.0	760.9
	per serve percentage (%) contribution to RDA			18.3		21.2	19.4	13.9	0.0		38.0
7	<b>Hot N Cheesy burger</b>	●	257	643.2	62.1	9.8	36.6	14.6	0.2	17.4	1801.2
	per serve percentage (%) contribution to RDA			32.2		19.6	54.6	66.5	7.7		90.1
8	<b>Paneer Royale Burger</b>	●	253	599.6	58.1	9.7	33.1	14.0	0.0	18.5	1313.8
	per serve percentage (%) contribution to RDA			30.0		19.4	49.4	63.6	0.0		65.7
9	<b>BK Veggie Double Patty</b>	●	209	519.9	84.0	10.9	19.3	6.0	0.0	16.6	1258.0
	per serve percentage (%) contribution to RDA			26.0		21.7	28.8	27.4	0.0		62.9
10	<b>Veg. Whopper Double Patty</b>	●	402	1431.7	125.5	24.5	33.2	14.2	0.0	20.6	1470.5
	per serve percentage (%) contribution to RDA			71.6		49.0	49.5	64.5	0.0		73.5
11	<b>Spicy Korean Paneer Burger</b>	●	231	599.0	64.3	14.9	30.1	13.5	0.0	19.1	1856.7
	per serve percentage (%) contribution to RDA			29.9		29.7	44.9	61.5	0.0		92.8
12	<b>Crunchy Soft Paneer Whopper Deluxe</b>	●	197	472.0	42.7	7.9	26.7	12.6	0.0	16.4	1042.4
	per serve percentage (%) contribution to RDA			23.6		15.8	39.8	57.2	0.0		52.1
13	<b>Molten Cheese Lava Whopper Deluxe</b>	●	201	515.7	46.7	8.0	30.0	13.2	0.0	15.3	1529.7
	per serve percentage (%) contribution to RDA			25.8		16.0	44.8	60.1	0.0		76.5
	<b>Tacos &amp; Wraps</b>										
1	<b>Veg Crunchy Taco</b>	●	111	331	38.9	2.0	17.7	3.7	0.0	1.5	501
	per serve percentage (%) contribution to RDA			17		4	26	17	0		25
2	<b>Chicken Crunchy Taco</b>	▲	136	370	27.1	2.8	25.2	5.5	0.0	9.5	677
	per serve percentage (%) contribution to RDA			19		6	38	25	0		34
3	<b>Paneer Royale Wrap</b>	●	229	406	63.2	17.5	32.6	13.0	0.0	16.6	763
	per serve percentage (%) contribution to RDA			20		35	49	59	0		38
4	<b>Crunchy Chicken Wrap</b>	▲	229	267	12.3	3.8	20.3	6.5	0.0	14.4	493
	per serve percentage (%) contribution to RDA			13		8	30	30	0		25
5	<b>BK Egg Taco</b>	▲	120	322.0	22.4	3.4	23.7	4.0	0.0	7.2	301.1
	per serve percentage (%) contribution to RDA			16		7	35	18	0		15
	<b>Veg Sides</b>										
1	<b>Veg Strips 5 Pcs</b>	●	81	247	30.1	3.5	11.9	5.7	0.1	5.0	441
	per serve percentage (%) contribution to RDA			12		7	18	26	4		22
2	<b>Regular Fries</b>	●	72	204	27.4	0.0	8.9	4.2	0.0	3.6	325
	per serve percentage (%) contribution to RDA			10		0	13	19	0		16
3	<b>Medium Fries</b>	●	114	333	43.3	0.0	14.4	6.8	0.1	5.9	529
	per serve percentage (%) contribution to RDA			17		0	21	31	5		26
4	<b>King Fries</b>	●	156	455	59.3	0.0	19.7	9.3	0.1	8.0	724

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	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
	per serve percentage (%) contribution to RDA			23		0	29	42	7		36
5	<b>Peri Peri Fries Regular</b>	●	79	220	29.3	0.0	9.8	4.7	0.1	3.6	475
	per serve percentage (%) contribution to RDA			11		0	15	21	4		24
6	<b>Saucy Fries</b>	●	154	263	28.5	3.3	2.1	4.4	0.0	3.8	555
	per serve percentage (%) contribution to RDA			13		7	3	20	0		28
7	<b>Fiery Hell Dip</b>	●	25	101	3.3	1.8	7.4	1.3	0.0	0.3	194
	per serve percentage (%) contribution to RDA			5		4	11	6	0		10
8	<b>Cheese Slice</b>	●	12	41	0.5	0.5	3.2	2.0	0.1	2.4	182
	per serve percentage (%) contribution to RDA			2		1	5	9	5		9
9	<b>Tomato Ketchup</b>	●	8	14	3.5	3.1	0.1	0.0	0.0	0.1	120.0
	per serve percentage (%) contribution to RDA			1		6	0	0	0		6
10	<b>Peri Peri Sachet</b>	●	5	13	2	1	0	0	0	0	470
	per serve percentage (%) contribution to RDA			1		2	0	0	0		24
11	<b>Hash Brown</b>	●	54	158	19.7	1.0	8.1	3.9	0.0	1.6	500.0
	per serve percentage (%) contribution to RDA			8		2	12	18	0		25
12	<b>Chilli Oregano Dip</b>	●	25	42	10	9	0	0	0	0	280
	per serve percentage (%) contribution to RDA			2		18	0	0	0		14
13	<b>Pizza Puff Veg</b>	●	72	208	27.56	1.3	8.0	4.6	0	6.3	341
	per serve percentage (%) contribution to RDA			10		3	12	21	0		17
14	<b>Spicy Korean Fries</b>	●	174	497	54	11	28	10	0	7	1470
	per serve percentage (%) contribution to RDA			25		22	42	46	0		73
15	<b>Saucy Jalapeno Dip</b>	●	25	63	3	1	6	1	0	0	300
	per serve percentage (%) contribution to RDA			3		2	8	5	0		15
	<b>Non Veg Sides</b>										
1	<b>Chicken Nuggets 4 Pcs</b>	▲	72	145.8	11.3	0.0	7.5	4.8	0.0	9.1	46.1
	per serve percentage (%) contribution to RDA			7.3		0.0	11.2	22.0	0.0		2.3
2	<b>Chicken Nuggets 6 Pcs</b>	▲	108	218.6	17.0	0.0	11.3	7.3	0.0	13.7	69.1
	per serve percentage (%) contribution to RDA			10.9		0.0	16.8	33.0	0.0		3.5
3	<b>Chicken Nuggets 9 Pcs</b>	▲	162	328.0	25.5	0.0	16.9	10.9	0.0	20.5	103.9
	per serve percentage (%) contribution to RDA			16.4		0.0	25.2	49.5	0.0		5.2
4	<b>Chicken Nuggets 18 Pcs</b>	▲	324	655.9	50.9	0.0	33.8	21.8	0.0	41.0	207.3
	per serve percentage (%) contribution to RDA			32.8		0.0	50.5	99.0	0.0		10.4
5	<b>Boneless Chicken Wings (4Pcs)</b>	▲	108	116.9	5.4	0.0	10.6	5.2	0.0	18.4	555.0
	per serve percentage (%) contribution to RDA			5.8		0.0	15.8	23.6	0.0		27.8
6	<b>Boneless Chicken Wings (7Pcs)</b>	▲	189	204.5	9.5	0.0	18.5	9.1	0.0	32.3	963.8
	per serve percentage (%) contribution to RDA			10.2		0.0	27.6	41.6	0.0		48.2
7	<b>Chicken Wings Fried (2Pcs)</b>	▲	63	148.8	4.3	0.0	8.4	4.1	0.0	11.3	404.0
	per serve percentage (%) contribution to RDA			7.4		0.0	12.6	18.7	0.0		20.2
8	<b>Chicken Wings Fried (4Pcs)</b>	▲	126	297.5	8.6	0.0	16.9	8.3	0.0	22.7	807.8
	per serve percentage (%) contribution to RDA			14.9		0.0	25.2	37.7	0.0		40.4
9	<b>Chicken Wings Fried (8Pcs)</b>	▲	252	595.1	17.2	0.0	33.7	16.6	0.0	45.4	1616.0
	per serve percentage (%) contribution to RDA			30		0	50	75	0		81
10	<b>Chicken Wings Fried (15Pcs)</b>	▲	472	1115.8	32.3	0.0	63.2	31.1	0.0	85.1	3030.0
	per serve percentage (%) contribution to RDA			55.8		0.0	94.3	141.3	0.0		151.5
11	<b>Chicken Wings Grilled (2Pcs)</b>	▲	66	168	18	0	5	1	0	14	224
	per serve percentage (%) contribution to RDA			8		0	7	6	0		11
12	<b>Chicken Wings Grilled (4Pcs)</b>	▲	132	335	37	0	9	3	0	28	448

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	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
	per serve percentage (%) contribution to RDA			17		0	13	12	0		22
13	<b>Chicken Wings Grilled (8Pcs)</b>	▲	264	670	73.5	0.0	17.9	5.3	0.0	56.2	896
	per serve percentage (%) contribution to RDA			34		0	27	24	0		45
14	<b>Chicken Wings Grilled (15Pcs)</b>	▲	532	1350	148	0	36	11	0	113	1806
	per serve percentage (%) contribution to RDA			68		0	54	48	0		90
15	<b>Spicy Korean Chicken Wings</b>	▲	142	497	28	0	18	8	0	22.9	834
	per serve percentage (%) contribution to RDA			25		0	27	39	0		42
16	<b>Spicy Korean Boneless Bites 4 pcs</b>	▲	124	350	28	0	16	6	0	18.6	1289
	per serve percentage (%) contribution to RDA			18		0	23	26	0		64
17	<b>Spicy Korean Boneless Bites 7 pcs</b>	▲	224	595	25	0	40	15	0	34	1854
	per serve percentage (%) contribution to RDA			30		0	60	69	0		93
	<b>NON VEG BURGERS</b>										
1	<b>Crispy Chicken</b>	▲	125	299.4	33.5	5.4	13.2	4.5	0.0	12.4	405.2
	per serve percentage (%) contribution to RDA			15.0		10.8	19.7	20.2	0.0		20.3
2	<b>Crispy Chicken Double patty</b>	▲	183	429.5	40.5	6.5	21.3	7.5	0.0	20.4	637.8
	per serve percentage (%) contribution to RDA			21.5		12.9	31.8	34.2	0.0		31.9
3	<b>Makhani Chicken Burst</b>	▲	125	274.8	35.0	5.8	9.4	3.9	0.0	13.3	626.7
	per serve percentage (%) contribution to RDA			13.7		11.6	14.0	17.5	1.3		31.3
4	<b>BK Chicken</b>	▲	163	333.1	40.7	5.2	13.3	4.7	0.0	13.7	347.1
	per serve percentage (%) contribution to RDA			16.7		10.3	19.8	21.5	0.8		17.4
5	<b>Flame Grilled Chicken Whopper Deluxe</b>	▲	179	326.5	35.3	0.8	13.8	3.1	0.0	14.3	951.9
	per serve percentage (%) contribution to RDA			16.3		1.7	20.6	14.1	0.0		47.6
6	<b>Chicken Tandoori Grill</b>	▲	230	395.4	41.9	5.5	12.6	4.1	0.0	31.1	965.8
	per serve percentage (%) contribution to RDA			19.8		10.9	18.8	18.8	1.0		48.3
7	<b>Smokey Crunchy Chicken Whopper</b>	▲	197	343.6	36.4	6.4	16.1	6.4	0.0	14.2	746.0
	per serve percentage (%) contribution to RDA			17.2		12.8	24.1	29.1	0.0		37.3
8	<b>Flame Grilled Mutton Whopper Deluxe</b>	▲	179	337.9	38.4	0.9	13.3	4.2	0.0	15.7	941.0
	per serve percentage (%) contribution to RDA			16.9		1.9	19.8	19.2	0.0		47.0
9	<b>Bk Chicken Double Patty</b>	▲	235	623.0	70.9	19.0	35.5	15.3	0.1	24.2	1187.8
	per serve percentage (%) contribution to RDA			31.1		38.0	53.0	69.8	4.7		59.4
10	<b>Chicken Whopper Double Patty</b>	▲	274	1574.0	66.4	15.1	24.5	9.9	0.0	42.8	1636.0
	per serve percentage (%) contribution to RDA			78.7		30.1	36.6	45.0	0.0		81.8
11	<b>Spicy Korean Chicken Burger</b>	▲	234	607.3	55.1	15.4	31.6	11.6	0.0	16.9	1793.9
	per serve percentage (%) contribution to RDA			30.4		30.8	47.2	52.6	0.0		89.7
12	<b>Smokey Crunchy Chicken Whopper Deluxe</b>	▲	179	264.8	27.5	4.8	12.6	5.7	0.0	10.9	543.7
	per serve percentage (%) contribution to RDA			13.2		9.6	18.8	25.9	0.0		27.2
13	<b>Flame Grilled Mutton Whopper</b>	▲	292	662.7	52.2	8.4	39.1	12.6	0.0	25.6	1025.9
	per serve percentage (%) contribution to RDA			216.9		16.8	58.4	57.3	0.0		51.3
14	<b>BK Egg Burger</b>	▲	109	250.5	27.8	5.0	12.1	3.0	0.0	10.0	397.6
	per serve percentage (%) contribution to RDA			55.2		10.0	18.0	13.6	0.0		19.9
15	<b>Fiery Chicken burger</b>	▲	229	588.0	64.0	12.1	26.6	8.7	0.0	16.3	1101.3
	per serve percentage (%) contribution to RDA			29.4		24.1	39.7	39.6	0.0		55.1
	<b>DESSERTS</b>										
1	<b>Vanilla Softie (Medium Fat)</b>	●	80	77	10.7	9.3	3.3	1.8	0.1	1.8	27.9
	per serve percentage (%) contribution to RDA			4		19	5	8	3		1
2	<b>Choco Dip Softie (Medium Fat)</b>	●	95	172	17.1	15.1	10.5	7.4	0.0	2.4	36.9

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	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
	per serve percentage (%) contribution to RDA			9		30	16	34	2		2
3	<b>BK Sundae - Mango</b>	●	90	107	10.7	9.3	6.4	4.0	0.1	1.8	27.9
	per serve percentage (%) contribution to RDA			5		19	9	18	3		1
4	<b>BK Sundae - Chocolate</b>	●	90	125	21.8	18.4	3.4	2.1	0.1	1.9	76.3
	per serve percentage (%) contribution to RDA			6		37	5	9	3		4
5	<b>Loaded Sundae - Black Currant</b>	●	90	115	20.2	17.7	3.0	1.9	0.0	1.8	28.4
	per serve percentage (%) contribution to RDA			6		35	4	9	0		1
6	<b>Loaded Sundae - Cookie Crumble</b>	●	100	159	29.5	21.5	3.4	2.1	0.0	2.7	94.6
	per serve percentage (%) contribution to RDA			8		43	5	9	2		5
7	<b>Chocolate mousse cup</b>	●	80	200	35.0	25.0	5.7	4.4	0.0	1.8	67.0
	per serve percentage (%) contribution to RDA			10		50	8	20	0		3
8	<b>Choco lava cake</b>	●	80	349	44.4	16.9	4.9	27.4	0	2.8	112
	per serve percentage (%) contribution to RDA			17		34	7	124	0		6
9	<b>Kitkat Fusion Sundae</b>	●	102	175.4	26.1	22.3	6.6	5.4	0.0	2.9	53.5
	per serve percentage (%) contribution to RDA			8.8		44.7	9.8	24.4	0.0		2.7
	<b>FOUNTAIN DRINKS</b>										
1	<b>Coco cola Regular</b>	●	300	132	32.7	31.8	0.0	0.0	0.0	0.0	25.5
	per serve percentage (%) contribution to RDA			7		64	0	0	0		1
2	<b>Coco cola Medium</b>	●	450	198	49	48	0.0	0.0	0.0	0.0	38
	per serve percentage (%) contribution to RDA			10		95	0	0	0		2
3	<b>Coca cola Zero Regular</b>	●	300	0.0	0.0	0.0	0.0	0.0	0.0	0.0	22.5
	per serve percentage (%) contribution to RDA			0		0	0	0	0		1
4	<b>Coca cola Zero Medium</b>	●	450	0.0	0.0	0.0	0.0	0.0	0.0	0.0	34
	per serve percentage (%) contribution to RDA			0		0	0	0	0		2
5	<b>Fanta Regular</b>	●	300	168	42	41	0	0	0	0	67
	per serve percentage (%) contribution to RDA			8		83	0	0	0		3
6	<b>Fanta Medium</b>	●	450	252	63	62	0	0	0	0	100
	per serve percentage (%) contribution to RDA			13		123	0	0	0		5
7	<b>Sprite regular</b>	●	300	147	36.6	35.1	0.0	0.0	0.0	0.0	30.3
	per serve percentage (%) contribution to RDA			7		70	0	0	0		2
8	<b>Sprite Medium</b>	●	450	205	55	53	0	0	0	0	46
	per serve percentage (%) contribution to RDA			10		105	0	0	0		2
9	<b>Thums UP Regular</b>	●	300	126	31.8	31.2	0.0	0.0	0.0	0.0	2.4
	per serve percentage (%) contribution to RDA			6		62	0	0	0		0
10	<b>Thums UP Medium</b>	●	450	189	8	47	0	0	0	0	4
	per serve percentage (%) contribution to RDA			9		94	0	0	0		0
11	<b>Ice Tea Regular</b>	●	300	111	27.9	27.9	0.0	0.0	0.0	0.0	33.0
	per serve percentage (%) contribution to RDA			6		56	0	0	0		2
12	<b>Ice Tea Medium</b>	●	450	167	42	42	0	0	0	0	50
	per serve percentage (%) contribution to RDA			8		84	0	0	0		2
	<b>SHAKES</b>										
1	<b>Thick Shake -Mango</b>	●	295	245	35.2	30.5	9.0	5.6	0.3	5.8	92
	per serve percentage (%) contribution to RDA			12		61	13	26	17		5
2	<b>Thick Shake - Chocholate</b>	●	300	351	54.2	45.2	11.5	7.1	0.4	7.5	203
	per serve percentage (%) contribution to RDA			18		90	17	32	21		10
3	<b>Thick Shake - Berry Blast</b>	●	300	382	63.8	55.8	10.8	6.8	0.0	7.5	118

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	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
	per serve percentage (%) contribution to RDA			19		112	16	31	0		6
4	<b>Kitkat Shake</b>	●	378	591.3	91.6	76.8	20.3	15.1	0.0	10.6	269.9
	per serve percentage (%) contribution to RDA			29.6		153.6	30.3	68.6	0.0		13.5
	<b>HOT BEVERAGES</b>										
1	<b>Hot -Espresso Small</b>	●	30	4	0.6	0.0	0.3	0.0	0.0	0.0	0.3
	per serve percentage (%) contribution to RDA			0		0	1	0	0		0
2	<b>Hot -Espresso Regular</b>	●	60	8	1.1	0.0	0.7	0.0	0.0	0.0	0.7
	per serve percentage (%) contribution to RDA			0		0	1	0	0		0
3	<b>Americano Small</b>	●	230	11	0.0	0.0	1.2	0.0	0.0	0.2	64.8
	per serve percentage (%) contribution to RDA			1		0	2	0	0		3
4	<b>Americano Regular</b>	●	310	15	0.0	0.0	1.7	0.0	0.0	0.3	89.1
	per serve percentage (%) contribution to RDA			1		0	2	0	0		4
5	<b>Cappuccino Small</b>	●	150	101	9.8	4.3	5.8	0.0	0.0	3.4	72.0
	per serve percentage (%) contribution to RDA			5		9	9	0	0		4
6	<b>Cappuccino Regular</b>	●	235	139	13.5	5.9	7.9	0.0	0.0	4.9	99.0
	per serve percentage (%) contribution to RDA			7		12	12	0	0		5
7	<b>Caffe Latte Small</b>	●	170	110	9.8	4.9	6.5	0.0	0.0	3.9	79.2
	per serve percentage (%) contribution to RDA			6		10	10	0	0		4
8	<b>Caffe Latte Regular</b>	●	240	105	9.0	9.0	5.4	3.4	0.0	5.0	84.6
	per serve percentage (%) contribution to RDA			5		18	8	16	0		4
9	<b>Mochaccino Small</b>	●	180	246	41.0	6.6	5.8	26.4	0.0	3.7	57.6
	per serve percentage (%) contribution to RDA			12		13	9	120	0		3
10	<b>Mochaccino Regular</b>	●	285	264	46.1	39.2	6.5	1.1	0.0	5.5	243.6
	per serve percentage (%) contribution to RDA			13		78	10	5	0		12
13	<b>Hot Chocolate</b>	●	200	97	19.6	15.4	1.2	0.7	0.0	2.0	9.3
	per serve percentage (%) contribution to RDA			5		31	2	3	0		0
14	<b>Masala Chai</b>	●	205	84	15.8	1.1	2.7	11.2	0.0	0.0	36.2
	per serve percentage (%) contribution to RDA			4		2	4	51	0		2
	<b>COLD BEVERAGES</b>										
1	<b>Coca cola Float</b>	●	275	174	35.0	33.4	2.7	1.8	0.2	1.8	6.5
	per serve percentage (%) contribution to RDA			9		67	4	8	8		0
2	<b>Fanta Float</b>	●	250	192	38.8	38.3	2.8	1.8	0.1	1.8	6.4
	per serve percentage (%) contribution to RDA			10		77	4	8	7		0
3	<b>Classic cold coffe</b>	●	310	197	29.8	27.5	6.7	5.1	0.0	4.3	172.5
	per serve percentage (%) contribution to RDA			10		55	10	23	0		9
4	<b>Mocha Frappe</b>	●	355	293	52.2	45.7	7.5	5.5	0.0	4.3	269.3
	per serve percentage (%) contribution to RDA			15		91	11	25	0		13
5	<b>Iced Americano</b>	●	330	10	0.19	0	0	0	0	0	5
	per serve percentage (%) contribution to RDA			0		0	0	0	0		0
6	<b>Iced Latte</b>	●	330	125	19.68	19.7	3.6	2	0	3.4	62
	per serve percentage (%) contribution to RDA			6		39	5	10	0		3
7	<b>Coca Cola Zero Can</b>	●	330	0.0	0.0	0.0	0.0	0.0	0.0	0.0	24.8
	per serve percentage (%) contribution to RDA			0		0	0	0	0		1
	<b>CAFÉ FOOD</b>										
1	<b>Rich Vanilla chocolate Muffin (Egg)</b>	▲	56	244	34.1	12.3	11.5	4.6	0.0	3.3	319.0
	per serve percentage (%) contribution to RDA			12		25	17	21	0		16

## Burger King India Nutritional Information Per Serve -February 2026



S.No.	Product	Veg/ Non Veg	Avg Portion size (gm/ml)	Energy (Kcal)	Carbohydrate (gm)	Sugar (gm)	Fat (gm)	Saturated Fat(gm)	Trans Fatty Acids (gm)	Protein (gm)	Sodium Content (mg)
	<b>Recommended Dietary Allowance</b>			<b>2000</b>		<b>50</b>	<b>67</b>	<b>22</b>	<b>2</b>		<b>2000</b>
2	<b>Double Chocolate chip Muffin (Egg)</b>	▲	56	240	32.7	13.0	10.5	4.0	0.0	4.1	290.3
	per serve percentage (%) contribution to RDA			12		26	16	18	0		15

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary. The nutrition analysis is done by internationally recognized, NABL accredited and ISO 17025 certified laboratory and information provided by Burger King India suppliers. It is based on standard product formulations per serving. Variations in serve sizes, preparation process, sources of supply including seasonal changes/geographical/ weather conditions may impact nutritional values of the menu items. In addition, product formulation do change periodically due to various external factors, including those stipulated above. One should expect some variation in the nutritional content and serve size of products purchased at our restaurant. The data provided here is approximate and indicative. Some of this nutritional data and serve size of these products are required to be disclosed under law or regulation; and further/additional information may also be displayed; however, all have been provided with the intent to help customers make informed choices at Burger king. The data here is subject to change at any time without prior notice.

All our Burgers are free from the synthetic colours and artificial flavours. Burger King products are for immediate consumption only.

Coca Cola, Thums UP, Coco cola zero, Fanta, Sprite, is a registered Trademark of Coco cola, Inc. Carbonated water, Contains added flavours.

Coco Cola Zero contain non-caloric sweeteners and CONTAINS AN ADMIXTURE OF SUCRALOSE AND ACESULFAME POTASSIUM. NOT RECOMMENDED FOR CHILDREN; PREGNANT AND LACTATING MOTHERS.

Coco Cola, Thums UP and Coco Cola Zero contains Caffeine.

All aerated drinks (Coca Cola, Thums UP, Coco cola zero, Fanta, Sprite) are served with Ice.

All Kit Kat products contains artificial flavours.

This information is current as of 12 February 2026