

Burger King India Nutritional Information Per Serve -August 2025



S.No.	Product	Veg/Non Veg	Avg Portion size (gm/ml)	Energy (Kcal)	Carbohydrate (gm)	Sugar (gm)	Fat (gm)	Saturated Fat(gm)	Trans Fatty Acids (gm)	Protein (gm)	Sodium Content (mg)
	Recommended Dietary Allowance			2000		50	67	22	2		2000
	VEG BURGERS										
1	Crispy Veg	●	137	331.3	59.9	8.5	9.5	4.7	0.0	1.5	978.0
	per serve percentage (%) contribution to RDA			16.6		17.0	14.3	21.4	0.7		48.9
2	Crispy Veg Double patty	●	204	481.7	87.3	11.3	13.8	6.9	0.0	2.1	1332.2
	per serve percentage (%) contribution to RDA			24.1		22.6	20.6	31.5	0.0		66.6
3	Makhani Burst Veg	●	135	309.8	58.2	10.9	7.8	0.8	0.0	1.6	968.7
	per serve percentage (%) contribution to RDA			15.5		21.9	11.7	3.6	0.0		48.4
4	BK Veggie	●	152	366.8	65.4	8.1	10.9	3.4	0.0	1.8	883.9
	per serve percentage (%) contribution to RDA			18.3		16.1	16.3	15.5	0.0		44.2
5	Extra Crunchy Veg Whopper Deluxe	●	195	483.7	49.4	10.3	27.0	9.3	0.0	10.7	750.2
	per serve percentage (%) contribution to RDA			24.2		20.6	40.3	42.4	0.0		37.5
6	Crunchy Veg Whopper	●	285	681.2	97.1	23.1	25.4	9.8	0.0	15.8	987.8
	per serve percentage (%) contribution to RDA			34.1		46.2	37.9	44.5	0.0		49.4
7	Hot N Cheesy burger	●	255	682.0	82.0	17.5	31.4	12.1	0.2	17.9	1198.5
	per serve percentage (%) contribution to RDA			34.1		35.0	46.9	54.8	7.7		59.9
8	Paneer Royale Burger	●	225	621.0	57.0	1.1	34.2	14.2	0.0	21.3	1065.8
	per serve percentage (%) contribution to RDA			31.1		2.3	51.0	64.6	0.0		53.3
9	BK Veggie Double Patty	●	213	519.9	84.0	10.9	19.3	6.0	0.0	2.6	1258.0
	per serve percentage (%) contribution to RDA			26.0		21.7	28.8	27.4	0.0		62.9
10	Extra Crunchy Veg Whopper Deluxe Patty	●	265	558.3	102.9	17.8	15.2	5.3	0.0	2.5	1314.4
	per serve percentage (%) contribution to RDA			27.9		35.6	22.6	24.0	0.0		65.7
11	Veg. Whopper Double Patty	●	388	1431.7	125.5	24.5	33.2	14.2	0.0	20.6	1470.5
	per serve percentage (%) contribution to RDA			71.6		49.0	49.5	64.5	0.0		73.5
12	Spicy Korean Paneer Burger	●	228	695.3	67.9	17.0	38.1	15.8	0.0	20.2	1744.7
	per serve percentage (%) contribution to RDA			34.8		34.0	56.8	71.9	0.0		87.2
13	Crunchy Soft Paneer Whopper Deluxe	●	225	621.0	57.0	1.1	34.2	14.2	0.0	21.3	1065.8
	per serve percentage (%) contribution to RDA			31.1		2.3	51.0	64.6	0.0		53.3
14	Molten Cheese Lava Whopper Deluxe	●	230	764.6	34.9	10.3	54.1	20.3	0.0	34.5	1679.8
	per serve percentage (%) contribution to RDA			38.2		20.6	80.8	92.4	0.0		84.0
	Tacos & Wraps										
1	Veg Crunchy Taco	●	105	336	33.7	7.1	20.8	13.9	0.0	3.6	590
	per serve percentage (%) contribution to RDA			17		14	31	63	0		29
2	Chicken Crunchy Taco	▲	135	262	24.8	2.9	16.0	5.5	0.0	5.1	526
	per serve percentage (%) contribution to RDA			13		6	24	25	0		26
3	Paneer Royale Wrap	●	234	676	63.2	9.7	35.6	18.0	0.0	25.3	1078
	per serve percentage (%) contribution to RDA			34		19	53	82	0		54
4	Crunchy Chicken Wrap	▲	252	484	50.6	9.3	22.5	8.2	0.0	19.8	1177
	per serve percentage (%) contribution to RDA			24		19	34	37	0		59
	Veg Sides										
1	Veg Strips 5 Pcs	●	85	247	30.1	3.5	11.9	5.7	0.1	4.8	441
	per serve percentage (%) contribution to RDA			12		7	18	26	4		22
2	Regular Fries	●	72	204	27.4	0.0	8.9	4.2	0.0	3.6	325
	per serve percentage (%) contribution to RDA			10		0	13	19	0		16
3	Medium Fries	●	114	333	43.3	0.0	14.4	6.8	0.1	5.9	529
	per serve percentage (%) contribution to RDA			17		0	21	31	5		26
4	King Fries	●	156	455	59.3	0.0	19.7	9.3	0.1	8.0	724
	per serve percentage (%) contribution to RDA			23		0	29	42	7		36
5	Peri Peri Fries Regular	●	79	220	29.3	0.0	9.8	4.7	0.1	3.6	475
	per serve percentage (%) contribution to RDA			11		0	15	21	4		24
6	Saucy Fries	●	154	423	46.2	3.3	22.9	9.5	0.0	7.0	842
	per serve percentage (%) contribution to RDA			21		7	34	43	0		42
7	Fiery Hell Dip	●	25	101	3.3	1.8	7.4	1.3	0.0	0.3	194
	per serve percentage (%) contribution to RDA			5		4	11	6	0		10
8	Cheese Slice	●	12	41	0.5	0.5	3.2	2.0	0.1	2.4	182
	per serve percentage (%) contribution to RDA			2		1	5	9	5		9
9	Tomato Ketchup	●	8	14	3.5	3.1	0.1	0.0	0.0	0.1	120.0
	per serve percentage (%) contribution to RDA			1		6	0	0	0		6
10	Peri Peri Sachet	●	5	13	2	1	0	0	0	0	470
	per serve percentage (%) contribution to RDA			1		2	0	0	0		24
11	Hash Brown	●	60	158	19.7	1.0	8.1	3.9	0.0	1.7	500.0
	per serve percentage (%) contribution to RDA			8		2	12	18	0		25
12	Chilli Oregano Dip	●	25	42	10	9	0	0	0	0	280
	per serve percentage (%) contribution to RDA			2		18	0	0	0		14
13	Pizza Puff Veg	●	80	208	27.56	1.3	8.0	4.6	0	6.3	341
	per serve percentage (%) contribution to RDA			10		3	12	21	0		17
14	Spicy Korean Fries	●	174	497	54	11	28	10	0	7	1470
	per serve percentage (%) contribution to RDA			25		22	42	46	0		73
15	Saucy Jalapeno Dip	●	25	63	3	1	6	1	0	0	300
	per serve percentage (%) contribution to RDA			3		2	8	5	0		15
	Chicken Sides										
1	Chicken Nuggets 4 Pcs	▲	70	169	14	0	8	4	0	11	168
	per serve percentage (%) contribution to RDA			8		1	11	17	0		8
2	Chicken Nuggets 6 Pcs	▲	106	256	21.7	0.4	11.4	5.7	0.0	16.5	254
	per serve percentage (%) contribution to RDA			13		1	17	26	0		13
3	Chicken Nuggets 9 Pcs	▲	160	386	33	0	17	9	0	25	384
	per serve percentage (%) contribution to RDA			19		1	26	39	0		19
4	Chicken Nuggets 18 Pcs	▲	320	771	66	1	35	17	0	50	768
	per serve percentage (%) contribution to RDA			39		3	51	78	0		38
5	Boneless Chicken Wings (4Pcs)	▲	95	213	16.0	0.0	9.2	5.2	0.0	16.8	555
	per serve percentage (%) contribution to RDA			11		0	14	24	0		28
6	Boneless Chicken Wings (7Pcs)	▲	165	371	27.9	0.0	16.0	9.1	0.0	29.2	964
	per serve percentage (%) contribution to RDA			19		0	24	42	0		48
7	Chicken Wings Fried (2Pcs)	▲	70	150	8	0	9	4	0	16	404
	per serve percentage (%) contribution to RDA			8		0	14	16	0		20
8	Chicken Wings Fried (4Pcs)	▲	140	300	16.2	0.0	18.6	7.2	0.0	31.8	808
	per serve percentage (%) contribution to RDA			15		0	28	33	0		40
9	Chicken Wings Fried (8Pcs)	▲	280	600	32	0	38	15	0	64	1616
	per serve percentage (%) contribution to RDA			30		0	56	68	0		81
10	Chicken Wings Fried (15Pcs)	▲	525	1125	61	0	70	27	0	119	3030
	per serve percentage (%) contribution to RDA			56		0	104	123	0		152
11	Chicken Wings Grilled (2Pcs)	▲	66	168	18	0	5	1	0	14	224
	per serve percentage (%) contribution to RDA			8		0	7	6	0		11

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	Recommended Dietary Allowance			2000		50	67	22	2		2000
12	Chicken Wings Grilled (4Pcs) per serve percentage (%) contribution to RDA	▲	132	335 17	37	0 0	9 13	3 12	0 0	28	448 22
13	Chicken Wings Grilled (8Pcs) per serve percentage (%) contribution to RDA	▲	264	670 34	73.5	0.0 0	17.9 27	5.3 24	0 0	56.2	896 45
14	Chicken Wings Grilled (15Pcs) per serve percentage (%) contribution to RDA	▲	532	1350 68	148	0 0	36 54	11 48	0 0	113	1806 90
15	Spicy Korean Chicken Wings per serve percentage (%) contribution to RDA	▲	172	497 25	28	0 0	30 45	11 50	0 0	28	2714 136
16	Spicy Korean Boneless Bites 4 pcs per serve percentage (%) contribution to RDA	▲	155	350 18	28	0 0	16 23	6 26	0 0	25	1593 80
17	Spicy Korean Boneless Bites 7 pcs per serve percentage (%) contribution to RDA	▲	221	595 30	25	0 0	40 60	15 69	0 0	34	2189 109
	NON VEG BURGERS										
1	Crispy Chicken per serve percentage (%) contribution to RDA	▲	125	335.6 16.8	55.4	8.4 16.7	11.8 17.6	6.5 29.5	0.0 0.0	1.9	659.2 33.0
2	Crispy Chicken Double patty per serve percentage (%) contribution to RDA	▲	182	539.3 27.0	72.4	11.0 22.0	26.6 39.7	19.4 88.4	2.1 105.6	2.7	926.0 46.3
3	Makhani Chicken Burst per serve percentage (%) contribution to RDA	▲	125	327.1 16.4	49.8	5.6 11.1	13.2 19.8	6.6 29.8	0.0 1.3	2.2	662.9 33.1
4	BK Chicken per serve percentage (%) contribution to RDA	▲	164	416.2 20.8	54.0	5.4 10.8	21.2 31.6	10.5 47.6	0.0 0.8	2.5	741.3 37.1
5	Flame Grilled Chicken Whopper Deluxe per serve percentage (%) contribution to RDA	▲	168	326.5 16.3	35.3	0.8 1.7	13.8 20.6	3.1 14.1	0.0 0.0	15.2	951.9 47.6
6	Chicken Tandoori Grill per serve percentage (%) contribution to RDA	▲	236	502.7 25.1	62.7	6.9 13.7	15.0 22.4	8.8 39.8	0.0 1.0	29.4	1106.8 55.3
7	Chicken Whopper per serve percentage (%) contribution to RDA	▲	280	667.2 33.4	59.1	8.7 17.4	36.3 54.2	8.1 36.8	0.0 0.0	26.2	1018.7 50.9
8	Flame Grilled Mutton Whopper Deluxe per serve percentage (%) contribution to RDA	▲	186	337.9 16.9	38.4	0.9 1.9	13.3 19.8	4.2 19.2	0.0 0.0	16.1	941.0 47.0
9	Bk Chicken Double Patty per serve percentage (%) contribution to RDA	▲	235	623.0 31.1	70.9	19.0 38.0	35.5 53.0	15.3 69.8	0.1 4.7	5.0	1187.8 59.4
10	Flame Grilled Chicken Whopper Deluxe Chicken Patty per serve percentage (%) contribution to RDA	▲	215	561.3 28.1	91.5	11.9 23.9	19.7 29.4	5.8 26.3	0.1 3.2	4.5	1241.9 62.1
11	Chicken Whopper Double Patty per serve percentage (%) contribution to RDA	▲	362	1574.0 78.7	66.4	15.1 30.1	24.5 36.6	9.9 45.0	0.0 0.0	42.8	1636.0 81.8
12	Spicy Korean Chicken Burger per serve percentage (%) contribution to RDA	▲	227	607.3 30.4	55.1	15.4 30.8	31.6 47.2	11.6 52.6	0.0 0.0	25.6	1793.9 89.7
13	Smokey Crunchy Chicken Whopper Deluxe per serve percentage (%) contribution to RDA	▲	240	834.3 41.7	75.6	9.0 18.0	59.5 88.8	12.6 57.3	0.0 0.0	37.0	1227.0 61.4
	DESSERTS										
1	Vanilla Softie (Medium Fat) per serve percentage (%) contribution to RDA	●	75	115 6	18.2	15.1 30	3.3 5	2.3 10	0.1 3	3.1	2.8 0
2	Choco Dip Softie (Medium Fat) per serve percentage (%) contribution to RDA	●	105	215 11	26.6	18.4 37	10.0 15	7.6 35	0.0 2	4.5	3.3 0
3	BK Sundae- Mango per serve percentage (%) contribution to RDA	●	90	116 6	17.2	30.2 60	3.5 5	2.2 10	0.1 3	3.8	7.4 0
4	BK Sundae - Chocolate per serve percentage (%) contribution to RDA	●	90	161 8	28.8	21.9 44	3.7 5	2.5 11	0.1 3	3.3	2.8 0
5	Loaded Sundae - Black Currant per serve percentage (%) contribution to RDA	●	90	209 10	31.0	20.7 41	8.0 12	5.0 23	0.0 0	3.2	120.0 6
6	Loaded Sundae - Cookie Crumble per serve percentage (%) contribution to RDA	●	105	255 13	41.1	29.3 59	8.1 12	6.1 28	0.0 2	4.4	2.9 0
7	Chocolate mousse cup per serve percentage (%) contribution to RDA	●	80	200 10	35.0	25.0 50	5.7 8	4.4 20	0.0 0	2.2	67.0 3
8	Choco lava cake per serve percentage (%) contribution to RDA	●	80	349 17	44.4	16.9 34	4.9 7	27.4 124	0 0	3.55	112 6
9	Kitkat Fusion per serve percentage (%) contribution to RDA	●	128	327 16	49	32 64	12 18	10 44	0 0	6	124 6
	FOUNTAIN DRINKS										
1	Coco cola Regular per serve percentage (%) contribution to RDA	●	300	132 7	32.7	31.8 64	0.0 0	0.0 0	0.0 0	0.0	25.5 1
2	Coco cola Medium per serve percentage (%) contribution to RDA	●	450	198 10	49	48 95	0.0 0	0.0 0	0.0 0	0.0	38 2
3	Coca cola Zero Regular per serve percentage (%) contribution to RDA	●	300	0.0 0	0.0	0.0 0	0.0 0	0.0 0	0.0 0	0.0	22.5 1
4	Coca cola Zero Medium per serve percentage (%) contribution to RDA	●	450	0.0 0	0.0	0.0 0	0.0 0	0.0 0	0.0 0	0.0	34 2
5	Fanta Regular per serve percentage (%) contribution to RDA	●	300	168 8	42	41 83	0 0	0 0	0 0	0	67 3
6	Fanta Medium per serve percentage (%) contribution to RDA	●	450	252 13	63	62 123	0 0	0 0	0 0	0	100 5
7	Sprite regular per serve percentage (%) contribution to RDA	●	300	147 7	36.6	35.1 70	0.0 0	0.0 0	0.0 0	0.0	30.3 2
8	Sprite Medium per serve percentage (%) contribution to RDA	●	450	205 10	55	53 105	0 0	0 0	0 0	0	46 2
9	Thums UP Regular per serve percentage (%) contribution to RDA	●	300	126 6	31.8	31.2 62	0.0 0	0.0 0	0.0 0	0.0	2.4 0
10	Thums UP Medium per serve percentage (%) contribution to RDA	●	450	189 9	8	47 94	0 0	0 0	0 0	0	4 0
11	Ice Tea Regular per serve percentage (%) contribution to RDA	●	300	111 6	27.9	27.9 56	0.0 0	0.0 0	0.0 0	0.0	33.0 2
12	Ice Tea Medium per serve percentage (%) contribution to RDA	●	450	167 8	42	42 84	0 0	0 0	0 0	0	50 2
	SHAKES										
1	Thick Shake -Mango per serve percentage (%) contribution to RDA	●	300	393 20	65.2	57.5 115	10.0 15	6.4 29	0.3 17	10.7	9 0
2	Thick Shake -Chocololate per serve percentage (%) contribution to RDA	●	300	496 25	87.7	61.4 123	11.3 17	7.2 33	0.4 21	11.0	11 1
3	Thick Shake - Berry Blast per serve percentage (%) contribution to RDA	●	300	474 24	90.9	68.2 136	8.8 13	6.0 27	0.0 0	7.9	151 8
4	Kitkat Shake per serve percentage (%) contribution to RDA	●	378	703 35	119	71 142	19 28	14 62	0 0	15	320 16

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	Recommended Dietary Allowance			2000		50	67	22	2		2000
	HOT BEVERAGES										
1	Hot -Espresso Small	●	30	4	0.6	0.0	0.3	0.0	0.0	0.0	0.3
	per serve percentage (%) contribution to RDA			0		0	1	0	0		0
2	Hot -Espresso Regular	●	60	8	1.1	0.0	0.7	0.0	0.0	0.0	0.7
	per serve percentage (%) contribution to RDA			0		0	1	0	0		0
3	Americano Small	●	240	11	0.0	0.0	1.2	0.0	0.0	0.1	64.8
	per serve percentage (%) contribution to RDA			1		0	2	0	0		3
4	Americano Regular	●	330	15	0.0	0.0	1.7	0.0	0.0	0.1	89.1
	per serve percentage (%) contribution to RDA			1		0	2	0	0		4
5	Cappuccino Small	●	240	101	9.8	4.3	5.8	0.0	0.0	3.0	72.0
	per serve percentage (%) contribution to RDA			5		9	9	0	0		4
6	Cappuccino Regular	●	330	139	13.5	5.9	7.9	0.0	0.0	4.1	99.0
	per serve percentage (%) contribution to RDA			7		12	12	0	0		5
7	Caffe Latte Small	●	240	110	9.8	4.9	6.5	0.0	0.0	3.4	79.2
	per serve percentage (%) contribution to RDA			6		10	10	0	0		4
8	Caffe Latte Regular	●	330	151	13.5	6.8	8.9	0.0	0.0	4.8	108.9
	per serve percentage (%) contribution to RDA			8		14	13	0	0		5
9	Mochaccino Small	●	240	246	41.0	6.6	5.8	26.4	0.0	4.3	57.6
	per serve percentage (%) contribution to RDA			12		13	9	120	0		3
10	Mochaccino Regular	●	330	338	56.4	9.0	7.9	36.4	0.0	5.9	79.2
	per serve percentage (%) contribution to RDA			17		18	12	165	0		4
11	Café Caramello Small	●	240	222	42.0	3.6	5.3	28.7	0.0	2.5	151.2
	per serve percentage (%) contribution to RDA			11		7	8	131	0		8
12	Café Caramello Regular	●	330	305	57.8	5.0	7.3	39.5	0.0	3.4	207.9
	per serve percentage (%) contribution to RDA			15		10	11	180	0		10
13	Hot Chocolate	●	240	209	36.2	4.2	6.6	22.5	0.0	2.9	81.6
	per serve percentage (%) contribution to RDA			10		8	10	102	0		4
14	Masala Chai	●	200	84	15.8	1.1	2.7	11.2	0.0	0.7	36.2
	per serve percentage (%) contribution to RDA			4		2	4	51	0		2
	COLD BEVERAGES	●									
1	Coca cola Float	●	275	174	35.0	33.4	2.7	1.8	0.2	2.6	6.5
	per serve percentage (%) contribution to RDA			9		67	4	8	8		0
2	Fanta Float	●	275	192	38.8	38.3	2.8	1.8	0.1	2.8	6.4
	per serve percentage (%) contribution to RDA			10		77	4	8	7		0
3	Classic cold coffe	●	350	215	24.2	8.9	9.5	21.0	0.0	7.0	140.0
	per serve percentage (%) contribution to RDA			11		18	14	95	0		7
4	Mocha Frappe	●	350	328	48.3	10.4	10.2	38.2	0.0	8.7	94.5
	per serve percentage (%) contribution to RDA			16		21	15	174	0		5
5	Iced Americano	●	330	10	0.19	0	0	0	0	2.31	5
	per serve percentage (%) contribution to RDA			0		0	0	0	0		0
6	Iced Latte	●	330	142	22.18	19.5	3.0	0	0	6.3	6
	per serve percentage (%) contribution to RDA			7		39	4	0	0		0
7	Coca Cola Zero Can	●	330	0.0	0.0	0.0	0.0	0.0	0.0	0.0	24.8
	per serve percentage (%) contribution to RDA			0		0	0	0	0		1
	CAFÉ FOOD										
1	Rich Vanilla chocolate Muffin (Egg)	▲	60	244	34.1	12.3	11.5	4.6	0.0	3.3	319.0
	per serve percentage (%) contribution to RDA			12		25	17	21	0		16
2	Double Chocolate chip Muffin (Egg)	▲	60	240	32.7	13.0	10.5	4.0	0.0	4.1	290.3
	per serve percentage (%) contribution to RDA			12		26	16	18	0		15

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary. The nutrition analysis is done by internationally recognized, NABL accredited and ISO 17025 certified laboratory and information provided by Burger King India suppliers. It is based on standard product formulations per serving. Variations in serve sizes, preparation process, sources of supply including seasonal changes/geographical/ weather conditions may impact nutritional values of the menu items. In addition, product formulation do change periodically due to various external factors, including those stipulated above. One should expect some variation in the nutritional content and serve size of products purchased at our restaurant. The data provided here is approximate and indicative. Some of this nutritional data and serve size of these products are required to be disclosed under law or regulation; and further/additional information may also be displayed; however, all have been provided with the intent to help customers make informed choices at Burger king.

The data here is subject to change at any time without prior notice.

All our Burgers are free from the synthetic colours and artificial flavours. Burger King products are for immediate consumption only.

Coca Cola, Thums UP, Coco cola zero, Fanta, Sprite, is a registered Trademark of Coco cola, Inc. Carbonated water, Contains added flavours.

Coca Cola Zero contain non-caloric sweeteners and CONTAINS AN ADMIXTURE OF SUCRALOSE AND ACESULFAME POTASSIUM. NOT RECOMMENDED FOR CHILDREN; PREGNANT AND LACTATING MOTHERS.

Coco Cola, Thums UP and Coco Cola Zero contains Caffeine.

All aerated drinks (Coca Cola, Thums UP, Coco cola zero, Fanta, Sprite) are served with Ice.

All Kit Kat products contains artificial flavours.

This information is current as of 5th August 2025